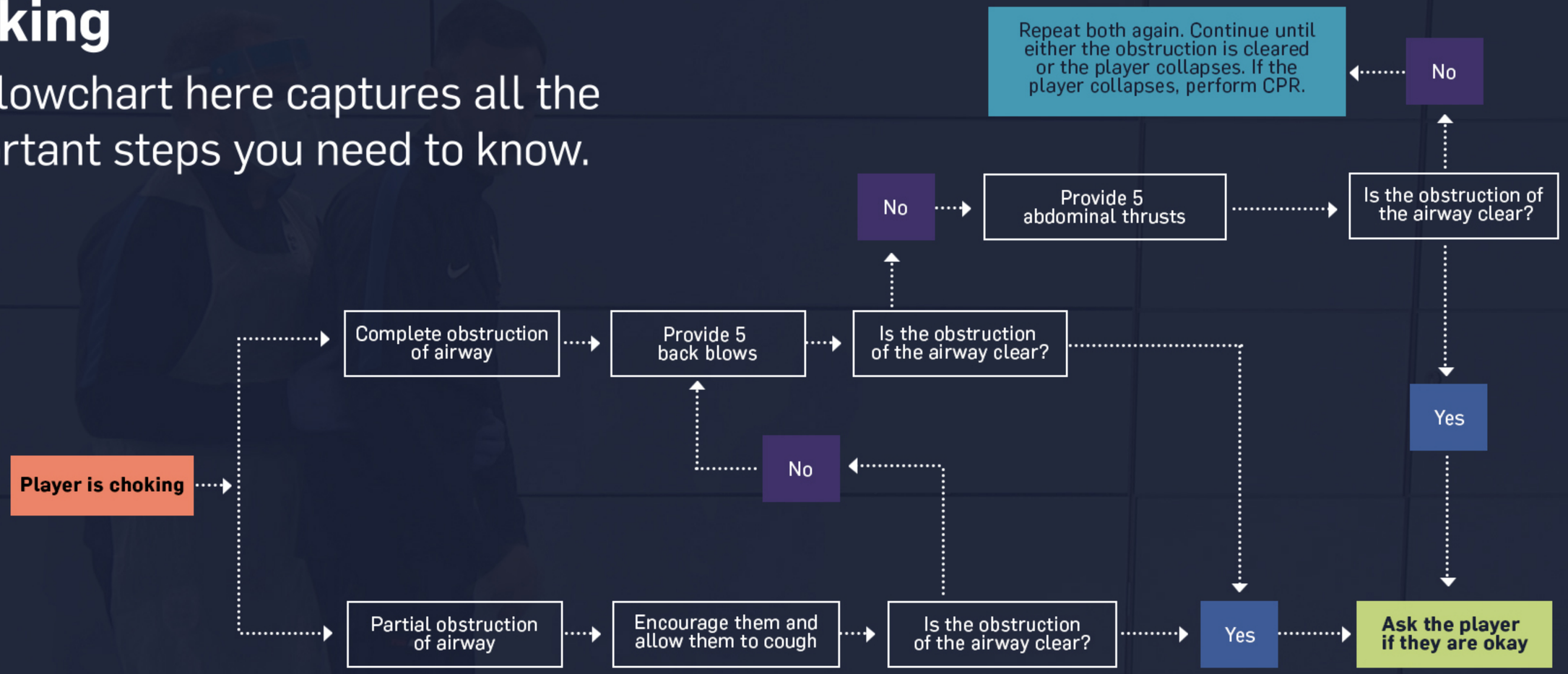
Choking

The flowchart here captures all the important steps you need to know.