

BASIC LIFE SUPPORT FOR KIDS



- **Safe approach** in appropriate PPE (gloves, apron, fluid-resistant surgical mask and eye protection)
- Look for signs of life – chest rise/fall (**don't** listen at the mouth for breathing)
- Head-tilt/chin-lift or jaw thrust as required
- If no PPE worn, establish signs of life from a social distance as advised by the government

Are there signs of life?

Yes

(participant is breathing normally)

Call for help

- First aid responders (EAP) in PPE as above
- Ambulance if required

Participant
conscious

**Manual in-line stabilisation
dependent on mechanism
of injury**

Airway – head-tilt/chin-lift
or jaw thrust only

Breathing – with O₂ (if
present)

Circulation – check colour
and for signs of bleeding

Dysfunction – check
response

Everything else – if partic-
ipant requires extrication,
await ambulance crew. If
participant is able to safely
walk from the field of play,
take them to the side of the
pitch – social distance from
other participants.

Participant not
conscious

**Apply manual in-line
stabilisation**

Airway – jaw thrust if
required

Breathing – with O₂ (if
present)

Circulation – check colour
and for signs of bleeding

Dysfunction – check
response

Everything else – ensure no
other injuries

Consider positioning if
airway at risk (two-person
log roll)

Do not extricate – await
ambulance arrival

No

(participant is **not** breathing normally)

Call for help

- Ambulance
- Request AED immediately
- First aid responders (EAP) in PPE as above

Decision to provide
compression-only CPR

- Open the airway (head-
tilt/chin-lift or jaw thrust)

- Begin chest
compressions **ONLY** with
covering over face

- Apply AED as soon as it
arrives

- Continue until
ambulance arrives or
participant shows signs
of life

- Do not begin rescue
breathing – await
ambulance

- If the participant shows
signs of life, move to
first/blue algorithm

Decision to provide
rescue breathing

- Open the airway with a
head-tilt/chin-lift or jaw
thrust

- Apply a face shield or
face-mask with one-way
filter

- Commence 5 rescue
breaths followed by
compressions

- Continue resuscitation

- Apply AED as soon as it
arrives
- Continue until
ambulance arrives or
participant shows signs
of life

- If the participant shows
signs of life, move to
first/blue algorithm